

Turkey Meatloaf

Dog Friendly



Ingredients

- 1lb ground turkey
- 2 eggs
- 1 cup cooked rice
- 8oz. peas or chopped green beans (whichever you have on hand is great!)
- 2 large carrots or 6 baby carrots diced
- 1 apple, diced

Directions

1. Preheat oven to 375 degrees F.
2. Mix ALL ingredients together in a large bowl with your hands. Like meatloaf, you do not want to over work the meat. Using your hands will make combining all ingredients quicker and easier.
3. Scoop mixture into your pan of choice. I used a loaf pan, same as when I make meatloaf for the humans in my life. A muffin tin is great for a smaller snack size turkey feast or for smaller dog. Whatever pan you choose be sure to adjust your cook time accordingly. (see below)
4. Time to bake! • Loaf pan 60 minutes • Muffin tin 30-35 minutes
5. Let cool before serving and store leftovers in an airtight container. Leftovers should last up to 4 days or freeze for us to 4 months.